

## Soul Food Jeopardy Sonnet

What is known as ‘*wrinkled spaghetti*’?<sup>1</sup>

What is pig-derived, southern cuisine & thought heart un-healthy?<sup>2</sup>

What food is part of the inside of the pig’s belly?<sup>3</sup>

What food given to slaves and poor whites was thought lowly?<sup>4</sup>

Herb cilantro for what food offsets the smelly?<sup>5</sup>

What’s renamed as ‘*offal*’ in restaurants thought trendy?<sup>6</sup>

What’s the name of a frilly neck ruff from the 16th century?<sup>7</sup>

What dish are hog maws often cooked as its accessory?<sup>8</sup>

The company, Wilson Pork, produces 100 lbs of what annually?<sup>9</sup>

What food did the English folk group, Wurzels, sing about mostly?<sup>10</sup>

What food is described in *Tess of the D’urbervilles* by Thomas Hardy?<sup>11</sup>

What food found in Europe, Africa, Mediterranean, Asia is considered worldly?<sup>12</sup>

What’s the name for the Black southern segregated jazz journey?<sup>13</sup>

For what food does Beyoncé’s hot sauce make flavory?<sup>14</sup>

---

<sup>1</sup> My Uncle Maurice called chitlins *southern spaghetti* and loved them w/hot sauce, vinegar, cornbread & whiskey!

<sup>2</sup> Not so fast! Chitlins contain 22.9 mcg selenium which helps thyroid function; decreases heart disease & asthma

<sup>3</sup> Chitlins or chitterlings are sourced from the small intestine of pigs, cattle, lambs, ducks--

<sup>4</sup> Besides chitlins, the enslaved ate collards, sweet potatoes, black-eyed peas, rabbit, ground nuts, hominy, okra--

<sup>5</sup> Chitlins also boiled with vinegar, lemon is used to combat smell. For seasoning: garlic, onions, and hot pepper

<sup>6</sup> Chitlins; also, kidney, tongue, gizzards, brains, blood, oxtails-any animal non-muscle entrail or internal organ

<sup>7</sup> Chitterling or fraise stiff lace collar-looked like a veal chitterling; later called ‘ruff’

<sup>8</sup> Chitlins, pig feet and hog maws often served together. My grandfather made hogshead cheese.

<sup>9</sup> Chitlins are sold in supermarkets, Walmart and online: [www.chitlinmarket.com](http://www.chitlinmarket.com) (\$500k/year revenue)

<sup>10</sup> Chitterling--<https://www.youtube.com/watch?v=4eXJhJsddx8>

<sup>11</sup> Sir John said, “I should like for dinner . . . lamb’s fry, or. . . hot-pot; or. . . well chitterlings will do.”

<sup>12</sup> Chitlins eaten in Greece, Caribbean, South America; Mexico (Menudo), Asia, Africa New Zealand, Pakistan

<sup>13</sup> Chitlin Circuit artists--Lena Horne, Sam Cook, Jackie Wilson, BB King, James Brown, Count Basie, Duke Ellington, Aretha Franklin, Muddy Waters, Redd Fox, Ella Fitzgerald, Billie Holiday, all of Motown including Jackson 5

<sup>14</sup> Chitlins are an acquired taste; mild tasting rather like bacon, tender . . . rendered delicious with hot sauce!!

