

Soul Food Jeopardy Sonnet

What is known as ‘*wrinkled spaghetti*’?¹

What is pig-derived, southern cuisine & thought heart un-healthy?²

What food is part of the inside of the pig’s belly?³

What food given to slaves and poor whites was thought lowly?⁴

Herb cilantro for what food offsets the smelly?⁵

What’s renamed as ‘*offal*’ in restaurants thought trendy?⁶

What’s the name of a frilly neck ruff from the 16th century?⁷

What dish are hog maws often cooked as its accessory?⁸

The company, Wilson Pork, produces 100 lbs of what annually?⁹

What food did the English folk group, Wurzels, sing about mostly?¹⁰

What food is described in *Tess of the D’urbervilles* by Thomas Hardy?¹¹

What food found in Europe, Africa, Mediterranean, Asia is considered worldly?¹²

What’s the name for the Black southern segregated jazz journey?¹³

For what food does Beyoncé’s hot sauce make flavory?¹⁴

¹ My Uncle Maurice called chitlins *southern spaghetti* and loved them w/hot sauce, vinegar, cornbread & whiskey!

² Not so fast! Chitlins contain 22.9 mcg selenium which helps thyroid function; decreases heart disease & asthma

³ Chitlins or chitterlings are sourced from the small intestine of pigs, cattle, lambs, ducks--

⁴ Besides chitlins, the enslaved ate collards, sweet potatoes, black-eyed peas, rabbit, ground nuts, hominy, okra--

⁵ Chitlins also boiled with vinegar, lemon is used to combat smell. For seasoning: garlic, onions, and hot pepper

⁶ Chitlins; also, kidney, tongue, gizzards, brains, blood, oxtails-any animal non-muscle entrail or internal organ

⁷ Chitterling or fraise stiff lace collar-looked like a veal chitterling; later called ‘ruff’

⁸ Chitlins, pig feet and hog maws often served together. My grandfather made hogshead cheese.

⁹ Chitlins are sold in supermarkets, Walmart and online: www.chitlinmarket.com (\$500k/year revenue)

¹⁰ Chitterling--<https://www.youtube.com/watch?v=4eXJhJsddx8>

¹¹ Sir John said, “I should like for dinner . . . lamb’s fry, or. . . hot-pot; or. . . well chitterlings will do.”

¹² Chitlins eaten in Greece, Caribbean, South America; Mexico (Menudo), Asia, Africa New Zealand, Pakistan

¹³ Chitlin Circuit artists--Lena Horne, Sam Cook, Jackie Wilson, BB King, James Brown, Count Basie, Duke Ellington, Aretha Franklin, Muddy Waters, Redd Fox, Ella Fitzgerald, Billie Holiday, all of Motown including Jackson 5

¹⁴ Chitlins are an acquired taste; mild tasting rather like bacon, tender . . . rendered delicious with hot sauce!!

